

# Touch

Oil on Canvas  
Monique Martin  
2008

The tulip provides an artistic way of exploring various types of touch, and the impact that touching has on our lives. A touch can give us a concentrated sense of life, an energy transfer like nothing else can. The touching of souls, minds or hearts that are seeking contact with another is life altering.

A public display of affection in comparison with a private one has a completely different sense of energy as does the touch of minds, and the touching of souls. Souls touching across a distance keep the energy of soul mates alive while they are apart. Sometimes a small incident, a promise only half-intended, a touch, a casual remark, can set off a chain of events that will alter lives and change destinies.

Every action produces an energy that will vibrate in eternity. Like a pebble in a pond, the rings of energy keep moving outward from the initial touch, whether it is physical, emotional, spiritual or mental. However, learning to touch the silence within ourselves and be comfortable with our own company is a lifelong task. Touching and being touched is what makes us human and makes us thrive when times are challenging.